

School Coaching

Practitioner and School Coach Diploma - Secondary Schools: PSCD-SS



About this course.

This course is run by Noble Manhattan Coaching (**'NMC'**) in conjunction with the School Performance and Wellbeing Alliance (**'SPWA'**).

On successful completion of this course, you will have all the appropriate skills, tools and knowledge that you need to work as a specialist School Coach in a Secondary School or Sixth Form College setting (supporting pupils and staff) and a general Practitioner Coach accredited with the International Authority for Professional Coaching and Mentoring (**'IAPC&M'**).

You will also be able to:

- Deliver a ground-breaking, personal development programme, called **'The Other Subject*'**.
- Have a basic understanding of the developing brain.
- Know the difference between counselling, mentoring and coaching.
- Determine when coaching is and isn't appropriate.
- Know when and how to refer clients to more appropriate support services in circumstances where coaching isn't appropriate.
- Understand the importance of child protection, safeguarding, confidentiality when coaching pupils.

Who is this course for?

Anyone who would like to work as a general Practitioner Coach in all sectors and a specialist School Coach in a Secondary School or Sixth Form College setting.

Why do this training?

You will receive a unique and valuable 'double qualification' - the only one of its kind.

NMC is the largest and longest serving college for coaching training in Europe.

This course is not deadline driven and allows you to work and learn at your own pace.

After completing the course, you will receive ongoing help and support from the NMC network with respect to setting up and running your coaching business.

Why choose a career in coaching?

- Can be very satisfying to help clients shift from where they are to where they want to be and fulfil more of their potential.
- All the tools that you will learn/use as a coach can also be applied to your own life and help you fulfil more of your own potential.
- It is considered to be one of the fastest growing industries outside of IT, so there are still lots of opportunities and space for growth in more traditional sectors, such as the corporate, sporting and private sectors as well as new and emerging sectors, such as the Schools and Tertiary sectors.
- It is a flexible career that can fit around the demands of a busy life and family.

Benefits of becoming a School Coach as well as a general Practitioner Coach?

- Provides you with specialist training in a niche area so that you have an extra string to your bow.
- Opens up a growing and emerging market full of opportunities.
- Empowers you to help prevent, intercept and support performance, mental health and wellbeing issues before they progress or become more serious later on in life. This can feel very satisfying on both a personal and professional level and can give you a sense that you are making a positive difference to children's lives.
- Gives schools reassurance that you have the necessary training and qualifications to work with both children and staff members.



How does a School Coach add value to a school?

- Helps introduce a coaching culture into a school.
- Empowers pupils and staff to solve problems, make decisions and accomplish goals.
- Offers structured sessions that are focused, time limited and cost effective.
- Provides an alternative option to counselling – this is useful for pupils and staff that don't want counselling, but still want or need support.
- Is complementary and helpful to counselling and other support services.
 - Provides an additional layer of support for basic issues – useful when counselling services are over-stretched.
 - Is an extra catch and referral point with respect to more complex issues.

COST (POA)

Given that this is a new course and one of the first of its kind, there are frequent special promotions offering significant discounts. Additionally, NMC provides accreditation for prior learning and also there are discretionary bursaries available to individuals with special circumstances.



Training & course work

The course comprises two main parts, the Noble Manhattan Practitioner Coach Diploma and the School Coach Certificate. By combining the courses, much of the assessment work of the latter is blended into the former. The course involves approximately 375 hours of work over 12 to 18 months and includes:

- Self study workbooks.
- Three-day International Residential Coaching Experience (Fri-Sun) (European location and flights, accommodation and meals are included).
- Two separate days of school coach training in central London (8.45am – 5.15pm).
- 12 x one-to-one Skype coach mentor sessions, four of which focus on school coaching.
- Two practical assessments – one on general coaching and one on school coaching.
- 14 live webinars (including access to recordings if you are unable to attend).
- 60 hours practical coach sessions, 25 hours of which must be dedicated to school coaching.
- Reflective learning notes and consolidation exercises covering all elements of the course.
- Three short reflective learning essays, one of which must focus on school coaching. Word limit of 1000 - 2500 words.
- One x 6000 – 8000 word assignment focussing on school coaching.

The Other Subject

The Other Subject comprises 100 lessons that empower school pupils (in Reception through to Year 13) to live happier, healthier and more successful lives.

50 of these lessons are dedicated to Infant and Primary Schools (referred to as **OS Junior**) and 50 of these lessons are dedicated to Secondary Schools and Sixth Form Colleges (referred to as **OS Secondary**). On this training course, you will focus solely on **OS Secondary**.

All lessons are unisex, age appropriate and cover key areas of maturation and development for pupils, including: Mindfulness; Relationship with yourself; Relationships with others; Communication; Resilience; Future planning and Accomplishment.

The Other Subject is an integrative and holistic programme and doesn't prescribe one modality or methodology. Rather, it uses tried and tested coaching techniques (traditionally used in the corporate and sporting worlds) and blends these techniques with principles from neuroscience, positive psychology, mindfulness and cognitive behavioural science.

The Other Subject helps schools feel reassured that that they are adopting a blend of all the most widely-accepted and evidenced-based approaches to boost performance and wellbeing in schools – in preference to one modality that may go in and out of favour, depending on trends, Government initiatives and results from trials/research.

The lessons have the potential to benefit a school community systemically. In delivering these lessons, not only is there an enormous benefit to pupils – there is also a benefit to staff given the universal nature of the lessons. For the same reason, there is also a benefit to parents to the extent the lessons are shared with them in evening workshops.

Other Courses

There are 5 other specialist training courses available from May 2018.

Foundation in Infant and Primary School Coaching (FIPSC).

This course is for school staff who work in an Infant or Primary School setting and would like to learn tools and skills to help support pupils with basic performance, mental health and wellbeing issues.

Foundation in Secondary School Coaching (FSSC).

This course is for school staff who work in a Secondary School or Sixth Form College setting and would like to learn tools and skills to help support pupils with basic performance, mental health and wellbeing issues.

Certificate in Infant and Primary School Coaching (CIPSC).

This course is for qualified coaches, counsellors and psychotherapists who would like a bolt on qualification to allow them to work as a specialist School Coach in an Infant or Primary School setting. This course can also be used to evidence CPD.

Certificate in Secondary School Coaching (CSSC).

This course is for qualified coaches, counsellors and psychotherapists who would like a bolt on qualification to allow them to work as a specialist School Coach in a Secondary School or Sixth Form College setting. This course can also be used to evidence CPD.



Practitioner and School Coach Diploma - Infant and Primary Schools (PSCD/IPS).

This higher level course is for anyone who wants a double qualification, enabling them to work as a specialist School Coach in an Infant or Primary School setting (supporting pupils and staff) and a general Practitioner Coach with IAPC&M accreditation that is able to support individuals of all ages outside of a school setting.

These courses are run by the **School Performance and Wellbeing Alliance** in conjunction with **Noble Manhattan Coaching**.



For further information please see noble-manhattan.co.uk/school-coaching or use the contact information below.

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